

World O-Sport Federation®
"Original Persian Sport"

O-SPORT



International Competition Rules & Regulations

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Approved by 6th WOF General Assembly

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Introduction:

Competition Rules and regulations of World O-Sport Federation were presented to general assembly by Master Mohammad Ghasem Manouchehri, founder of O-Sport world movement, and experts association of Islamic Republic of Iran O-Sport and ratified.

It was decided that any changes on it be done by WOF general assemblies.

Changes have been done till now are as following:

Amendments list

NO	Amendments date	Page	section	paragraph
1	April 2008			
2	April 2009			
3	December 2010			
4	17 th November 2011			

Introduction**Section 1- General rules****Article 1: Aims and Objectives**

World O-Sport federation of WOF follows below aims of holding sport competitions:

1. To increase the level of participation among O-sport athletes
2. To strengthen friendship and mutual understanding among the athletes and to struggle for peace, as the most important condition for the exercise of sports
3. To promote mutual respect among international athletes in their relations and the reciprocal recognition of penalties and suspensions
4. To make contribution towards deepening friendship among nations and persevering peace, fostering and promoting a true spirit and friendship rivalry among nations
5. To ensure that no discrimination is allowed against any competitors on grounds of religion, race or political affiliation

Article 2: Amendment of the rules

Only the WOF Board of Directors has the power to officially amend the rules either nominated themselves or by the Administrative Council. When changes of rules for the Sports Rule Competition of each style, the changes become implemental and operative at a minimum of 3 month after its amendment were taken. The date of implementation should be properly informed or disseminated to all committee and member countries.

However, changes can be implemented with immediate action if obvious mistakes are found in the text or if defined from the Board of Directors it is seen as critical for health, security or in other cases. Exception of course, is that we cannot change rule in front of or during a World or regional championship competition.

Article 3: Application of the WOF Rules and License

The rules defined in the present document shall be in effect for all WOF sanctioned events in order to ensure optimal safety of the athletes and a healthy growth of the discipline.

The WOF license is mandatory for every International O-Sport competition with 2 or more than 2 participating countries. Every International O-Sport competition must be reported to WOF and added to its official calendar. The WOF patronage will only apply to competitions that appear in the WOF calendar.

Article 4: Sanitary conditions

Athletes knowingly infected with the HIV/HBV virus are prohibited from participating in O-Sport competitions. Medical staff knowingly infected with the same virus is prohibited from administering healthcare to athletes.

Article 5- Weight lose

As far as weight reduction on the competition site is concerned, WOF has adopted the following rules:

a) The practice of dehydration or excessive caloric restriction, the use of diuretics, laxatives, and self- induce vomiting are prohibited by WOF.

b) Athletes under 18 years old are prohibited from the on-site use of saunas/steam rooms or vapor-impermeable suits.

Enforcement of these rules is the responsibility of Organization Committee and its decisions shall be final. A first violation of these rules shall cause the individual(s) in question to be suspended from the competition for which use of the prohibited methods were intended. A second violation shall be result in the suspension of the individual(s) from any WOF sanctioned event for one calendar year from time of suspension. The WOF Executive Committee will hear all second violation cases and apply the sanctions defined in the WOF regulation. Any individual assisting an athlete in prohibited weight reduction practices shall be held to the same rules and penalties as the athlete in violation.

Article 6-Doping

- It is prohibited to use any substance to boost one's performance if such substance is banned by World Anti-Doping Agency.
- WOF, O-Sport tournament holder and official doctor can and may perform doping tests.
- Competitors who intentionally avoid or evade such controls, or try to obstruct or manipulate the testers in any way, must be disqualified and banned for a period of time, to be determined by the Federation.
- Privacy, especially for children and female competitors, must be respected. Doping tests must be made by a qualified person of the same gender. Whenever this is not available, WOF supervisor of the same gender shall supervise the collection of the test samples.

Section 2- Competition System

Article 7- Competition

In the WOF competition system if the number of athletes is not ideal, if they are less than 4 people, competition will not take place on said weight category.

The athletes will compete according to the drawn schedule and if they lost, so they'll concede from championship in individual elimination.

After the winners of 1st and 2nd place, the winners of 3rd and 4th place will receive bronze medal or they will be place both in the 3rd place.

Article 8- Drawing

After the athletes have made weigh and weigh –in officials has marked their weight on the weigh- in list, the drawing of lots shall be conducted at the presence of representative of participating team, the drawing shall be made by computer with the official WOF competition software or manually.

Article 9- Weigh-in and Final Briefing

Separate room shall be provided for male and female athletes during medical examination.

The athletes shall wear competition shorts or underwear for medical examination and weigh-in, the medical staff has full authority to decide whether athlete is suitable for competition or not. It shall examine them for skin infections and medical conditions such as cuts or abrasions.

Weigh – in shall be conducted the day before the competition in a restricted area near the competition site. Its access shall be limited to contestants, coaches, referees, medical assistants, and official weigh- in staff, athletes shall be allowed to check their weight on the scales as many times as they wish within the official weight-in frame.

- Generally, there shall be no tolerance. Adult competitor wearing clothing or undergarments will be given 400 gram allowance. An adult competitor wearing no clothing will be given no allowance. Only juniors will be allowed a half kilo discrepancy of weight.
- Prior to every tournament the Head Referee shall call a meeting with all judges, referees and seconds to clarify any questions about rules, regulations and the general proceedings of the tournament. No rules can be changed during this meeting.

A briefing of the general rules and competition process shall then be conducted after the weighing in to all competing athletes, coaches, judges and referees by the Technical head committee.

Article10: Medical Examination

In order to be licensed, all competitors must present a medical examination and negative HIV test no older than 12 months, duly signed by a physician. A new exam and HIV test will be required every 12 months. Competitors are also required to pass a pre-fight physical prior to each event conducted by an approved and licensed physician.

If a national competitor is not licensed by the Association for the current year at the time of the physical examination and the weigh-in, s/he shall not be permitted to compete.

If a competitor is not in possession of his or her Fight-Book with the annual WOF license stamp at an international tournament at the time of the physical examination and the weigh-in, s/he shall not be permitted to compete.

Section 3- Training Subjects

Article 11- Age and weight category

All athletes shall be able to provide a formal document which proves their age and nationality. Each athlete who combats in an age group of less than WOF determined category, he/she should disqualify from primary competition, automatically.

A. Male group:

Boys:

Age category for juniors (boys) (12-14 years old)

1 st weight	32 until 34 kg
2 nd weight	34 until 36 kg
3 rd weight	36 until 38 kg
4 th weight	38 until 40 kg
5 th weight	40 until 42/5 kg
6 th weight	42/5 until 45 kg
7 th weight	45 until 48 kg
8 th weight	48 until 51 kg
9 th weight	51until 54 kg

Age category for youth (15-17 years old)

1 st weight	48 until 51 kg
2 nd weight	51 until -53 kg
3 rd weight	-53 until -56 kg

4 th weight	-56 until -60 kg
5 th weight	-60 until -64 kg
6 th weight	-64 until -68 kg
7 th weight	-68 until -72/5 kg
8 th weight	-86 until -79 kg
9 th weight	+86 kg

Age category for Cadet (18-23 years old)

1 st weight	-53 until -56 kg
2 nd weight	-56 until -60 kg
3 rd weight	-60 until -64 kg
4 th weight	-64 until -68 kg
5 th weight	-68 until -72/5 kg
6 th weight	-72/5 until -79 kg
7 th weight	-79 until -86kg
8 th weight	-86 until -95 kg
9 th weight	+95 kg

Age category for seniors (18-35 years old)

1 st weight	-53 until -56 kg
2 nd weight	-56 until -60 kg
3 rd weight	-60 until -64 kg
4 th weight	-64 until -68 kg
5 th weight	-68 until -72/5 kg
6 th weight	-72/5 until -79 kg
7 th weight	-79 until -86kg
8 th weight	-86 until -95 kg
9 th weight	+95 kg

B. Female group:

Girls:

Age category for juniors (Girls) (12-14 years old)

1 st weight	32 until 34 kg
2 nd weight	34 until 36 kg
3 rd weight	36 until 38 kg
4 th weight	38 until 40 kg
5 th weight	40 until 42/5 kg
6 th weight	42/5 until 45 kg
7 th weight	45 until 48 kg

Age category for youth (15-17 years old)

1 st weight	-43 until -45 kg
2 nd weight	-45 until -48 kg
3 rd weight	-48 until -52 kg
4 th weight	-52 until -56 kg
5 th weight	-56 until -60kg
6 th weight	-60 until -64 kg
7 th weight	+64 kg

Age category for Cadet (18-23 years old)

1 st weight	-45 until -48 kg
2 nd weight	-48 until -52 kg
3 rd weight	-52 until -56 kg
4 th weight	-56 until -60 kg
5 th weight	-60 until -64 kg

6 th weight	-64 until -68 kg
7 th weight	+68

Age category for Seniors (18-35 years old)

1 st weight	-45 until -48 kg
2 nd weight	-48 until -52 kg
3 rd weight	-52 until -56 kg
4 th weight	-56 until -60 kg
5 th weight	-60 until -64 kg
6 th weight	-64 until -68 kg
7 th weight	+68

Article 12- Uniform and appearance of athletes

Wearing:

Each athlete shall wear standard uniform of O-Sport according to his/her corner, also, this standard uniform moreover name and flag of country shall carry the sponsorship's name, too, and its maximum size shall be 10 cm.

Article 13- The Competitor

- The competitors must be in good physical shape and have a good sportsmanlike attitude.
- The competitors must be well groomed and presentable. The nails of hands and feet must be cut short. The hair must be short or freshly washed.
- Male competitors with hair of a length that could pose a problem during the fight (i.e. shoulder length or more), must follow the rules concerning long hair that applies to female competitors.
- All competitors shall be clean and proper. It is the sole prerogative of the WOF referee to decide whether facial hair (moustaches, sideburns, beards or a combination of these) or the length of the hair poses a safety hazard to the competitors or an obstacle to the unhindered observation of the competition. The referee can insist that such facial hair be removed, or in the case of long hair, be contained by a net.
- Excessive use of grease or similar substances is prohibited.
- Competitors are prohibited from wearing any type of jewelry or piercing accessories during competition.

Article 14 –The Competitor's Equipment

All competitors must be equipped in all divisions with approved safety equipment in the form of padded protectors:

- (1) Individually fitted breast-protector for junior female athletes
- (2) Individually fitted groin-protector for males and females in any age class and in all weight divisions
- (3) Foot protectors
- (4) Shin protectors
- (5) Individually fitted head-protector (helmet), which must also cover the top of the head
- (6) Individually fitted tooth-protector (gum shield)
- (7) Hand-bandages

A suitable and soft hand bandage has 2/50 m length and 5cm Width, and or Del pyo bandage which aren't longer than 2/50 m.

Gloves:

In general there are 2 kinds of O-Sport competition gloves:

- 1) Gloves which are used in AMADAY, AGMATANO and AKSAYA style (class A) & Gloves which are used in AHMATAN style (class B), the athletes with the weight of less than 67 kg should wear the gloves which is 10 ounce also the athletes with the weight of more than 67 kg should wear the gloves which is 12 ounce.
- 2) The competitors are responsible for bringing their own personal equipment to all WOF competitions and tournaments.
- 3) A competitor may place a layer of medical adhesive tape over the closures of his or her gloves and foot protectors in order to hold them in place.
- 4) All competitors with long hair may wear approved hair bands or holders without any metal and must do so if the hair is long enough to pose a safety hazard or could hinder the observation of the fight.
- 5) The flexible guard band shall be used for shin over the competition, use of this flexible guard is forbidden for knees.
- 6) Use of bandage instead of flexible bands is forbidden.
- 7) Competitors who don't have safety equipments and combat cloths during the competition can purchase them by officer of promotion the World or continental championship.
- 8) Athletes will not be allowed to compete if incomplete equipment

Article 15- Rules of Conduct Inside & Outside the Ring

1. It is the duty of every competitor to show fair play in the ring. If a competitor not be ready to continue the competition, because his or her safety equipment is not working properly or for other reasons, s/he shall retreat one step and raise one arm.
2. if a competitor be sent down for the count or in any other way be incapacitated, his or her opponent shall immediately retreat to the nearest neutral corner and wait for the referee to signal that the competition can proceed again.
3. When a competitor receives a warning from the referee, s/he must bow in the direction of the referee to indicate that s/he has understood the reason for the warning.
4. At the end of the fight the competitors shall approach the referee, standing in the center of the ring, and there, with one competitor on each side of the referee, await the speaker's announcement of the decision. The referee shall then raise the arm of the winner.
5. After the fight the competitors shall salute each other, and then both competitors shall bow to the referee to appreciate of his or her efforts.
6. Violation of WOF rules and regulations, or infringements of the unwritten laws of good sportsmanship and fair play may lead to a warning or disqualification for a shorter or longer duration of time, depending on the seriousness of the violation or infringement.

Article 16- Competition Area

Platform of Ring: is a 4 corners area minimum 92 cm (3 feet) and maximum 1/22 m (4 feet) from floor by the tow following size:

Small size: 5/50 x5/50 cm

Large size: 6/10x6/10

For world championship the large Ring should use, if the number of athletes be very much, so using 2 or 3 Rings is logical.

Floor of Ring:

The floor of ring should be flat and without any obstacle and it should continue from each side 92 cm (3 foot)

The corners of Ring:

Each 4 corners of Ring should have a shaft that covered by foam or another thing which has no dangerous for opponents.

The corners of Ring should be as the following:

The Red corner: left side near the Jury (judgment board of Director)

The blue corner: opposite of red corner

Two other corners are white.

Floor of Ring: it should be covered by wad, plastic or another flexible material which at least has 2/54 cm (1 inch) and maximum 5 cm (2 inch) thickness and also covered by a burlap that is wrapped, steady.

Ropes: 4 ropes by thickness of minimum 3 cm and maximum 5 cm that is joint to 4 corners of Ring, steady. They should be 40, 80, 120 and 150 cm upper than floor of Ring. The ropes of each side of Ring should hold steady and by two strong coverings. So, the distances of ropes shouldn't change during the competition.

The stairs: there are 3 rows of stairs. 2 rows of stairs in each blue and red corner are for athletes and their coaches. The 3rd row of stairs should be in neutral corner, near the time keeper for using the drugs and Doctor.

The equipments of Ring: there are two chairs for coaches in each blue or red corner, during the expected time for competition.

- Round chairs for athletes, in order to rest between the Rounds.
- 2 bottles of water, 2 bucket water with 2 cups
- chair and table for officials
- The papers of O-Sport Federation in order to score.
- A bell
- Two konometers
- Microphone, reinforced of power, and loudspeaker equipments
- First Aid
- stretcher
- 10 score pointer

Article 17- Tatami

Tatami is a compact sponge square by dimension of 12x12 and the athletes combat in 8 x8 its dimension plus 2 additional meters in surroundings which is considered for safety.

The ground of competition: The ground of competition shall be flat and non slippery to prevent any accidental incident

The space of each participant will specify in center of Tatami 1 m that clear by blue or red lines. The distance of Referee is 1 m from center of Tatami.

The judges shall sit on the chairs in 3 sides of Ring or Tatami.

Out of Tatami and in front of Referee there is a table by 3 chairs for supervisor, timekeeper and assistant, the supervisor shall be in the middle.

Two chairs are placed in the left and right side of Referee for the coaches of fighters.

Article 18-the Attendance of a Physician

- (1) The attendance of a doctor (physician) is mandatory. A first-aid team alone is insufficient.
- (2) The official physician, who must attend every competition, is the final authority in questions of the safety of the competitors, and s/he may at any time stop or terminate a competition at his or her discretion.
- (3) The attending physician must follow the rules and regulations of the appropriate national health board as well as those approved by the authorities where such rules apply.
- (4) No competition may start or proceed before the attending physician is in place, and the physician may not leave his or her place prior to the decision in the last competition.
- (5) The doctor has the right to interrupt or stop a contest by ringing the bell or calling "stop" to the referee, if s/he thinks a competitor is in danger and the referee has not stopped the fight. S/he is also responsible for making the decision when a referee calls him or her in case of an injury to a competitor.
- (6) No one, even a competitor's second, may attempt to aid a competitor during a round before the attending physician has had the opportunity to see the injured competitor. If the doctor enters the ring to examine the presumed injury, s/he must decide whether or not the fight should continue. According to the doctor's and consecutively the referee's decision, the fight will continue or the result is "winning by TKO" or "disqualification" by unanimous or majority decision. Doctors' decisions are in any case

final decisions, but they can be protested if a second doctor is present at the event. The second doctor will make decision about the protest.

The physician, first aid team, referee, and chief official must all meet to coordinate their activities and duties to be performed ringside prior to the event.

Section 4- Referee Committee

Article 19- General duties

Referee committee shall accomplish all duties that are declared in WOF championship's rules.

The referee and judges are required to use WOF main words and suitable signals for related rules during the performance of championships. Moreover, they are excluded to speak to others during the competition. But they can enter to consult whenever need to counsel with another referee or judges.

Referee committee is responsible for controlling the good qualifications for regular conduct of completions which they should perform accordance with WOF official rules. Also, it expects that we know the sound of bell that is used in Ring and control that Jury act to its duties, completely.

Article 20- Referee Uniform

The refereeing body shall wear black suite with world Federation logo, world Federation metal badge, and black shirt with world Federation logo on back and on the left pocket, black lightweight shoes, and golden tie which has world O-Sport federation's logo.

Article 21- Referees

A person who is in world list, he/she will receive a great certificate of world Referee, and owners of this position will receive valid card as insigne of World O-Sport federation.

In order to be recognize in the world Referee list, a person shall introduced by his/her National Association with health medical testimony, they should have maximum 55 years old, and he/she complete the federation Referee courses satisfactorily.

World amateur oriental federation should check the referee list and extend it, in order to make sure that referees can perform their duties, effectively.

The center referees are responsible for orderly conduct of the competitions that they shall direct according to WOF official rules.

They shall command the respect of the fighters and exercise full authority over them so that they immediately obey their orders and instructions.

Similarly, they shall conduct the competitions without tolerating any irregular and outside intervention.

The gestures with the verbal commands used by the referees during the competition shall be made in accordance with International Referee rules. Every gesture or penalty shall be accompanied by the proper verbal command.

The Referee's main duty consists in starting and interrupting the competitions, imposing the penalties and declaring the legal winners.

The Referee shall use the "Break" to part the athletes engaging in a forbidden behavior, or when the time is up, with simultaneous command "Stop".

Article 22- Referee's specific duties

- Shake the athlete hand when they enter the Ring and before they leave it.
- To control the safety equipments, and inspect the fighter's skin for perspiration or any greasy or sticky substance.
- Not get too close to the fighters when they are in standing position, but stay close if they are in ground position.
- Be able to change position from one moment to the next, on the Ring or around it, and in particular move onto their knees or stomach to obtain a better view of an impending submission.
- Not obstruct the view by standing so close to the fighters (particularly if a submission appears imminent).

- Not turn their back to the athlete at any point and risk to lose control over the situation.
- Lead tow opponents and put them in grappling position on the middle of Ring, when they go out of bounds.
- Verbally stimulate a passive fighter without interrupting the competition.
- Ensure that the fighters don't rest during the competition on the pretense of wiping their bodies, blowing their nose, feigning injury, etc.
- Be ready to stop the fighters who approach the edge of the Ring.
- Stop the competition in case of injury and make the medical staff intervene.
- Stop the competition after a fighter has signaled submission either physically or verbally.
- Stop the competition upon hearing the end bell, and proclaim the winner by raising the winner's hand, after get the results by jury.
- Stop the competition when require at the proper time.
- Ensure that the athletes remain on the Ring until the result of the competition is announced.

Article 23- Judges

Number of Judges:

In each competition, shall be 3 judges those are recognized by World O-sport Federation in order to award the scores.

Uniform of Judges:

The Judges should wear black suit with world Federation logo, black shirt that has logo of world O-Sport Federation on the left pocket with a golden tie which has world O-Sport Federation with black shoes.

Article 24- The Judge's duties

- Each judge shall evaluate the abilities of tow fighters and according with the rules proclaims the winner.
- During the competition, the judge can't speak to any competitor or other judge or another person except referee. In case of necessary, during the rest time the judge can inform to referee in regarding to an accident that he doesn't understand, probably. The occurrences such as misconduct of coaches, uncouple the ropes and etc.
- If doesn't use from computer for scoring, the judges shall enter the awarded scores on score papers to both fighters immediately after end of each round.
- The decisions of judges shall survey by Referee committee and judges, and declare to spectators by Chairman.
- In case of use of computer, upon actual strike of competitor to goal and without his/her opponent obstruct or defend from itself, the judge should enter the scores to the computer by pressure of blue or red key. Judge will show the winner to referee with blue or red card.

Section 5: Jury

Article 25- appointment

In the world or continental championship, the Executive Committee of World O- Sport Federation shall determine the Jury members in each term of completion.

The Jury shall include 3 or 5 peoples, including chairman and judges, one person from Jury and one Referee and one judge.

During the championship, those who aren't jury can't sit on their seat. Each position of Jury should change for different terms, and before beginning the competitions, complete by president or WOF secretary general and if they are not present, position is complete by President of Federation or his/her representatives.

Each Jury member who likes to change the program should already satisfy the President or his/her representatives.

The members of Executive Committee of world O-Sport Federation whose are in the list of world referee and judges, are allowed to candidate for the jury or Complaints Committee where is consider the technical and referee complain.

Article 26- Jury's duties

Each member Jury shall give the scores of opponents. His/her scores shall be comparing with the scores of other Executive Board members.

Executive committee members shall check the point papers of 3 judges in order to ensure for the following instances:

- Total of the scores be correct.
- The name of opponent's is correct.
- The name of winner is correct.
- The completed score card should have signature, and the result of scoring should check by computer or points register machine. The chairman of judges and referees or a person who act as the representative of jury shall declare the winner, according to maximum 3 point papers.
- Jury is the conductor of each process of competition and it should visited at the next morning for evaluate of judges, and if the referee or judge doesn't perform his/her duty correctly and or legally, it should report to the Organization Committee of World O-Sport Federation. Jury need to the referee and judge who were present in related competition in order to reconsider.
- If the referee or judge doesn't apply his /her duties accordance with World O-Sport Federation or if doesn't award the points, correctly, then jury should offer a written report to Executive Committee.
- In case of necessity, Jury shall offer some documents to the Executive Committee of World O-Sport Federation, in order that forward it to Referee and judgment Committee.
- If world referee or judge who appointed by itself national Association and elected for world or continental championship, dispense her/himself to perform duties without enough explanations or without inform to Secretary General of Federation, Jury should inform to Executive Committee of the World O-Sport Federation.
- If the formal approved doesn't ready, may be jury approve the capable person instead of him/her, and also report this change to Chairman of Referee Committee, as soon as possible.
- In case of occurrence each kind of rupture in competition that cause that referee don't act his/her duties, Jury can stop the competition until return to normal situation.
- In each process of championship, the Jury or those who act as jury, can accomplish an immediate action when face to a problem.
- Review the match film and consider the match document if there is a official complain about match result.
 - The member's Jury shall consult with referees and judges on any problem before making any decision.

If any contestant intentionally commits any / unsporting misconduct, the jury is empowered to refer such misconduct to the WOF, Until Executive committee to announce that he is deprived of his right to compete for a certain period of time. The WOF executive committee may also deprive that contestant from receiving any aware was entitled to win in that competition.

The decision of referee or judge: in the following cases may overrule the decision of the referee and / or judge:

When the When the referee s decision clearly violated the WOF. Or the rules (in such a circumstance, the jury may use the video tape in support).

When several judges made mistake on their score sheets, clearly, and therefore make wrong decision.

Article 27- Seconds

- The second may give up on behalf of his or her athlete if s/he deems it irresponsible to let the fight continue. This is indicated by the second throwing a white towel into the ring. It situation is called Retirement.
- Prior to every tournament the Head Referee shall call a meeting with all judges, referees and seconds to clarify any questions about rules, regulations and the general proceedings of the tournament. No rules can be changed during this meeting.
- Seconds shall support and advise their competitors during the intermission between rounds. Each competitor may have two seconds, only one of whom may enter the ring at any time.
- During the rounds neither of the seconds may enter the ring or in any other manner hinder or disturb the proper proceeding of the fight. Seconds shall comply with any and all directions given by the referee. Prior to each round the seconds must remove buckets, stools, towels and the like from the ring, and if necessary wipe the floor clean of spilt water. The seconds shall have at their disposal a towel, a sponge, water and grease for the competitor.
- During the rounds seconds must sit on the placed chairs in 2 steps of the ring and guides athletes from their.
- During the rounds the seconds may give advice (only in a proper manner), help, or encourage the competitor. Should a second violate this rule the referee can issue a warning, expel the second, or disqualify competitor. A second who has been expelled may not function as second in the remaining part of the tournament.
- A competition starts when the referee gives the command "fight" to begin the first round, and it finishes when the referee stops the fight in the last round.

- If a person without Coordination enters to ring the referee must stop champion and decides about this matter.

Section 6 - Scoring and Points

Article 28- Scoring by inside judges:

- 3 judges must be used for judging the competition
- All judges must give their full vote
- 10 – points system is as follows:
 1. An athlete has 10 points before starting competition and according to correct techniques and gaining more scores than competitor will receive 10 points in the end of the competition.
 2. Complete techniques are controlled with pint counter and according to fouls and knockdowns they will be exchanged to points
 3. Scores are as follows:

Blue	Red
10 point	9 point
9point	10 point
8 point	10 point
10 point	8 point

4. If the recorded numbers by pint counter be more than 6 in the end of the competition, 10 points will be given to athlete who has gained more numbers and 8 points for opponent.
5. If the recorded numbers by pint counter be between 1 to 5 then 10 points will be given to athlete who has gained more numbers and 9 points for opponent.
6. If athletes being equal in 2 rounds with maximum points the following must be done:
 - * Judges must select winner according to techniques and fouls
 - * If judges are not able to choose winner according to criteria, an additional round will be held
 - * If judges are not able to choose winner according to additional round, Weighing will be done and lighter person will be chosen as winner.
7. Athlete who has done knockdown will receive 3 numbers
8. About warning, the wrongdoer athlete will receive 3 negative points and 3 positive points will be given to opponent.

Article 29- Victory by attending physician stopping contest or injury

- The attending physician is the supreme authority in questions relating to the safety of the competitors and may demand that the competition be stopped.
- If one of the athletes is injured, the doctor's decision alone can stop the fight.
- The attending physician may stop any competition regardless of it being a World or Continental Championship or any other important competition. The referee shall stop the competition until the physician has examined the competitor, but the competition shall be stopped only for the purpose of deciding whether or not the fight can continue. This examination must take place in the ring and have duration of not more than one minute. During this time any kind of treatment of the competitor should one minute be insufficient; the referee shall stop the competition and declare the injured competitor's opponent the winner.
- If one of the competitors is injured and the fight is declared over because of a foul the fouled competitor is declared the winner. In case of an accident, the judges must tally their scorecards and the competitor with the greatest number of points shall be declared the winner. If both competitors are injured or knocked out simultaneously before the incident all

of the points must be calculated and winner is chosen. If mentioned situation happens in first round the competition must be cancelled without winner.

Article 30- Victory by one competitor giving up

In cases where an athlete voluntarily gives up because of injuries or for any other reason, or if s/he does not resume fighting immediately after the intermission between rounds, the opponent shall be declared the winner.

- (1) The referee may stop a competition if a athlete is clearly out competition or if s/he is a hazard to his or her own safety according to the following guidelines:
 - a. If the referee believes that an athlete is clearly over competition and will face unnecessary punishment in the ring, the competition should not be allowed to go on.
 - b. If a referee judges that an athlete is unable to continue the competition due to injuries or for any other physical reasons, the referee must stop the competition and call the official doctor to the ring. No referee may decide how seriously an athlete is injured; the referee must call the doctor.

Article 31- No contest

- (1) A competition may be stopped immediately by the referee before the prescribed time due to circumstances beyond the control of the athletes or the referee such as :
 - a. The safety equipment of the ring has been damaged and be unsafe.
 - b. The lighting over the ring is failing.
 - c. Weather conditions force the referee to stop the competition.
- (2) Under such circumstances the competition shall be stopped and a “no contest” competition shall be declared with no winner.
- (3) 12 Victory by walk-over (WO):
 - a) If one athlete is present in the ring and ready to fight and his or her opponent fails to show after his or her name has been called over the loudspeaker, the referee shall signal the jury to begin the running of two minutes.
 - b) If the opponent has not entered the ring within the two minute time limit, the timekeeper shall strike the gong to signal that the competition has been stopped. The referee shall then announce the competitor who was first in the ring and declare him or her the winner by “walk-over”.
 - c) The judges shall note this on their scorecards, which shall then be collected. The judges shall then summon the competitor, who has won by walk-over to the center of the ring, and after the announcement of the decision, raise his or her hand and declare him or her the winner.

Article 32- Warnings & Minus Points

Noticing: when an athlete makes non intentional mistake: referee must note to the wrongdoer. This error is called mistake.

Warnings: when an athlete make intentional mistake and referee give warning to the wrongdoer. This error is called foul.

Judges behavior with wrongdoer

- (1) In case of a serious violation, the referee shall stop the fight with the command “Stop” and issue a warning. The referee shall clearly indicate which athlete has received the warning by pointing his or her hand. Following a warning the referee shall let the competition proceed by commanding “athlete
- (2) 02 If an official warning was given because of a foul, no point shall be deducted, If an athlete has received a “second warning” because of a foul, no point shall be deducted, Should a athlete receive three warnings in one competition, s/he shall be immediately penalized simultaneously with the first minus point and one point must be deducted by the judges.

- (3) If the referee see the hard fault he can warning to athlete with out explain and if the athlete is given 2 warning during one ring and receive totally 3 warning in one competition the center referee can stop competition and deport the offensive athlete
- (4) The warnings and minus points are given for the use of all illegal techniques or prohibited actions committed by the competitor. Warnings and minus points can also be given for prohibited actions committed by the competitor's coach and/or seconds.
- (5) About the entire mistakes, referee must verbally note to wrongdoer and prevent him or her does do mistake again.
- (6) If a non intentional illegal technique creates hard injury to opponent, referee must give 3 negative points to wrongdoer which is called warning.
- (7) About intentional technique if athlete unable to continue, the center referee can disqualify the wrongdoer.
- (8) When a contestant would not like to continue competition, the center referee will end the competition. Also relinquishment can be shown with throwing a towel into the ring by the coach-athlete.
- (9) All of the events that are happening during a competition like electricity outage, ring broking ant etc that prevent to continue racing. competition in these situation is called unacceptable.
- (10) If a non intentional illegal technique creates hard injury to opponent, ant athlete unable to continue, so the below condition must be consider:
 - a) If an illegal technique creates hard injury to opponent, and athlete unable to continue, and injured athlete is chosen as winner. For participate in next competition physician permission is necessary.
 - b) In the first round of final competition: if an illegal technique creates hard injury to opponent, and athlete unable to continue, so wrongdoer is announced loser.
 - c) In the second round of final competition: if an illegal technique creates hard injury to opponent, and athlete unable to continue, so Judges must give 3 positive points to injured athlete (means give 3 negative points to wrongdoer) then calculate scores of the both round and select the winner.

Article 33-The following are the types of bout results:

- (1) Submission (Countingnock down – out)

If an athlete physically uses his or her hand to indicate that s/he wouldn't like to continue. With his or her hand hits to ring

- (2) Nock down (Countingnock down – out)
 - When a contestant verbally announces to the referee that s/he does not wish to continue.
- (3) knockout: knockout is the situation that the referee counts till 10 but athlete unable to continue
- (4) Technical knockout(TKO)
- (5) If an athlete (man or women) receive knockdown for 3 times in one round, the competition must be stop and that athlete is chosen as frailer according to TKO.
- (6) If an athlete (man or women) receive knockdown for 4 times in during the competition, the competition must be stop and that athlete is chosen as frailer according to TKO.

Article 34-Determine the results of competition (by point)

Unanimous:

- When all three judges and supervisor score the bout for the same contestant.

Majority Decision

- When one judge and supervisor both score to one competitor and one judge score to the opponent.

Relinquishment

- When a contestant would not like to continue competition, the center referee will end the competition. Also relinquishment can be shown with throwing a towel into the ring by the coach-athlete.

Unexpected events

- All of the events that are happening during a competition like electricity outage, ring broking ant etc that prevent to continue racing.

RSC

- If an athlete is not able to continue competition due to illegal technique or hit and competition doctor confirms it, injured athlete will be chosen as winner. Location of the hit will be determined by H (for hit to head), B (for hit to body) in score card.

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Technical weakness

- When the bout is prematurely stopped due to technical weakness of athletes and a contestant is leading on the score cards. this situation is called out class

Added round:

When athletes are equal regarding to be winner for one round, added round must be held.

Section 7- Fighting Styles:

Article 35-AHMATAN STYLE

1-Style definition:

This style in compound of standard and allowable strikes, kick to all allowable points of body and all stand throwing techniques that is holding in 2 round at the 2 minutes . Athlete must use safety equipment like:

1. Gloves (class B) (as mentioned in article 14)
2. Gum Shield
3. Shin Protection
4. Groin Guard (Men)
5. Breast Guard (Women)

Article 36-Fouls kicks and techniques in Ahmatan style

- Punch to head and neck
- Pushing
- Holding the rope while punching or kicking
- Kick or punch to unallowable points (back of body, back of head and joints)
- Kick or punch after order of stop by middle referee.
- Refuse to fight, constant dropping of mouthpiece, or faking an injury
- Spinning back fist, knee strike at head, strike by elbow, punch with palm and back hand
- Head Butt; locking opponent or using forbidden submission techniques
- Shooting and catching opponent feet, all techniques against joint, talking or shouting during the fighting,
- Disobeying referee's order, throwing saliva in Ring, doing bad actions or making hubbub, biting, and unreasonable exit from Ring, for defense of kick or punch's opponent.

Article 37- Ahmatan style Scores

- Punch to body 1 score
- Kick to shin 1 score
- Kick to body 1 score
- Kick to head 2 scores
- Knee to body 1 score
- Ground & Grappling techniques that cause to floor with:
 - With hip 1 Score
 - With shoulder 2 Scores

Article 38-AKSAYA STYLE

1-Style definition:

This style is compounds of standard strikes and allowable punch, kick, knee, spinning back fist and the entire of stand grappling and 10 second grappling at floor. This style is holding in 2 rounds at the 2 minutes. Athlete must use safety **equipment like:**

1. Head Protection
2. Gloves (class A) (as mentioned in article 14)
4. Gum Shield
5. Shin/instep Protection
6. Malleolus Protection
7. Groin Guard (Men)
8. Breast Guard (Women)

Article 39-Fouls kicks and Technique in Aksaya style

- Kick or punch to unallowable points (back of body, back of head and joints).
- Kick or punch after order of stop by the main referee.
- Elbow strikes
- Back slam throws
- Foot throwing in unallowable form,
- Punching with flat and back hand,
- Head butting
- Locking of opponent or using forbidden submission techniques
- Shooting and catching opponent's feet for performance techniques
- kicking to grounded opponent
- pushing and putting instep
- Refuse to fight, constant dropping of mouthpiece, or faking an injury
- All of the techniques against joint
- Talking or shouting during the fighting
- Disobeying referee's order
- Throwing saliva in Tatami or ring
- Doing bad actions or making hubbub
- Biting
- Holding ring rope for kicking or punching opponent.
- Locking the neck, suffocating, and breaking.

Article 39- Aksaya style Scores

- Spinning back fist 2 Scores
- Punch to body 1 Score
- Punch to head 1 Score
- Kick to body 1 Score
- Kick to head 2 Scores

- Knee kicks to leg and body 1 Score
- Knee kick to head 2 Scores
- Drawing 1 Score
- Throw techniques that cause to floor with:
 - With hip 1 Score
 - With shoulder 2 Scores

Catch the opponent immobile for 5 minutes 1Score

Article 41- AMADAY STYLE (BEACH O-SPORT)

1-Style definition:

This style is compound of Wrist up, performance of art techniques and individual techniques, running and swimming and fighting in sea beach.

Article 42- Safety Equipment & tools of athletes

Fighters show up only with wrestling standard short in first round of competition area but all athletes should appear by safety equipments such as soft and lining protectors in second round.

1. Individually fitted breast-protector for junior female athletes
2. Individually fitted groin-protector for males and females in any age class and in all weight divisions
3. Foot protectors
4. Shin protectors

5. Individually fitted head-protector (helmet), which must also cover the top of the head
6. Individually fitted tooth-protector (gum shield)
7. Hand-bandages

A suitable and soft hand bandage has 2/50 m length and 5cm

Width, and or Del pyo bandage which aren't longer than 2/50 m.

Article 43- Call and start competition:

1. 2 fighters names must be call with load and clear voice forward wrist up location
2. Fighters must be called 3 times at least with 30 seconds interval between each call to call. If after last calling they are not being presented they will lose competition and will be announced failure.
3. After calling, fighters should stay in red or blue part same color their shorts and wait to be checked by referee.
4. Fighter's hand and wrist must be free of any fat and oily substances and water or sweat.
5. Any previous injury must be checked before competition by competition doctor
6. After the process of being checked by the referee and ready announcement of judge the start command is given by the referee.

First rounds:

Two fighters will be ready for fighting in wrist up area. Round will be started by referee's order and after 45 second wrest up will be stopped by referee's order then instantly shadow and final hit to target will be performed then 100 meters running from right to left in beach and 40 meters swimming from right to left. After 40 meters swimming they will arrive to fighting area. They have 1.5 seconds for resting at this time they should wear fighting equipment such as gloves, head protector, shine protector and O-Sport short and ready for second round fighting in Zamin.

Second round:

Athletes are ready with full equipment in red and blue bond and their equipment have been checked before champion by referee.

Fighting will be started for 3 minutes with referee's order

The fighting style is Aksaya but fighter is not allowed to use a kick in the head.

Added round:

If both are equal in 2 rounds, the 3rd round will be done
3rd round, breaking hard object with one hit, is as follow:

- Breaking boards with a thickness of 5 cm in the height of each athlete with a flying kick. In the case equal breaking boards, breaking boards will continue with different kick until a winner is determined.

- if Athletes break hard objects three times in the third round, and both scores are equal. Scores will be considered according the number of errors and techniques and winner will be appointed.

Article 44- Beach O-Sport referee:

Competition location :

Beach O-Sport competitions are held in three different parts but near each other as described follow:

Location of first run performance:

Surface has 120 meters length and 20 meters width and 8 meters of its width place in water and 12 meters place in land. Competition land must be smooth, safe and non slip.

Location of second run performance:

- Zamin is a beach sand square by dimension of 12x12 and the athletes combat in 8 x8 its dimension plus 2 additional meters in surroundings which is considered for safety.

The ground of competition:

The ground of competition shall be flat and non slippery to prevent any accidental incident

The space of each participant will specify in center of Zamin 1 m that clear by blue or red lines.

The distance of Referee is 1 m from center of Zamin.

The judges shall sit on the chairs in 3 sides of Ring or Zamin .

Out of Zamin and in front of Referee there is a table by 3 chairs for supervisor, timekeeper and assistant, the supervisor shall be in the middle.

Two chairs is place in the left and right side of Referee for the coaches of fighters.

The number of needed judges :

3 judges, one center referee and one head referee
time holder and operator

Referee's rules:

Techniques

pts

Wrist up

1 or 2

Techniques

1 or 2

Hit the target

1 or2

In the first round: Scores are given according kind of the hit, Focus, power, speed of bumps

In the second round: Scores are given according to Aksaya style scores (article 38 to 40)

Article 45- objection

When the loser athlete was chosen according to Dismissal, out class, disqualification or fail, some objections may be submitted.

Article 46- To handle complaints

1. The written protest together with 100 dollars must be submitted to Jury or the Disciplinary Committee by athlete supervisor or coach.

2. The protest considering by permission of referee committee president or his representative is as follow:

b) After review if vote of referees regarding to competition changes then paid currency (100 dollars) will be refunded.

c) After review if referees vote regarding to competition does not change, not only paid currency (100 dollars) will not be refunded but also the members of the objector will not be allowed to protest about other competition on that day.

Note: these judges can not have the same nationality with objector or his/her opponent